

PARENT HANDOUT FOR STEP 5

Sample Behavioral Contract

CONTRACT

This contract between _____ (teenager) and _____ (parents) is hereby entered into this, the _____ day of _____, _____.

With regard to _____, _____ (teenager) agrees to:

_____.

In return, _____ (parents) agree to:

_____.

If _____ (teenager) does not honor the agreement, the following consequence is agreed upon by both parties:

_____.

All parties have read and discussed this agreement. Any exceptions must be mutually agreed upon by all parties. If disputes arise, changes to the contract may be negotiated in the future.

(Teenager)

(Parents)

(Date)

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